



Neighbourhood Watch Ku-ring-gai & Hornsby

eNewsletter #716 - 01 July 2025

This weekly eNewsletter is compiled by Neighbourhood Watch (NHW) volunteers as a service for residents in Ku-ring-gai and Hornsby council areas. The eNewsletter is a new type of Neighbourhood Watch; utilising the available technology to keep people more connected and up-to-date with local crime and safety issues.

The eNewsletter includes a selection of posts from our local police at the <u>Ku-ring-gai PAC Facebook page</u> (also known as 'eyewatch'), primarily for those not familiar with Facebook. We add anything interesting from a Neighbourhood Watch point-of-view - this could be a local newspaper article, a roadwork warning, crime prevention tip(s), an upcoming Neighbourhood Watch meeting, Q&As from residents, or an item from another Police command ("Crooks know no boundaries!").

- Have you seen anything we should share with the community? Please email our NHW in Ku-ring-gai & Hornsby volunteers. We do value your contributions and thank you for your support.
- Please feel free to share/forward this eNewsletter with your friends, family, colleagues and neighbours.
- **Reading our eNewsletter for the first time? Click here to subscribe.

01 July, from NSW Police: One year ago, coercive control became a criminal offence in NSW.

If you, or someone you know, is experiencing domestic and family violence, there's help available.

MORE INFORMATION here.



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Coercive control is when a person uses abusive behaviours towards a current or former partner with the intention to coerce or control them.

But I've never been hit...

Coercive control can involve any behaviour which scares, hurts, isolates, humiliates, harasses, monitors, takes away another person's freedom or unreasonably controls their day-to-day activities. It can include physical violence









Minimising your feelings and emotions

Blaming you

Making themselves the victims

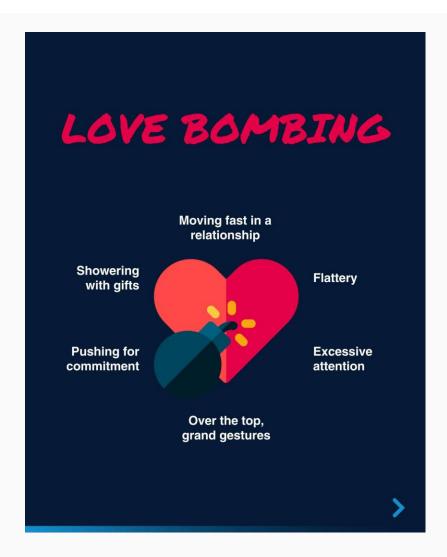


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30 June, from The Hills command: 🕌 Police Pursuit – Glenorie 🕌

An 18-year-old male has been charged following a dangerous pursuit through Kenthurst and Glenorie in the early hours of Sunday 29/06/2025.

At approximately 11:55pm, officers from the Police Dog Unit - NSW Police Force observed a Toyota Hilux speeding along Kenthurst Road. When police attempted to stop the vehicle for random testing, the driver accelerated harshly and fled the area ...

A pursuit was initiated as the Hilux allegedly reached speeds of up to 120 km/h in a 70 km/h zone, weaving through Old Northern Road, Cranstons Road, Garmyn Road, and back again. The vehicle eventually turned into Sermelfi Drive, Glenorie, and disappeared behind a residential property.

Police attended the address linked to the vehicle and were met by the driver's father. Shortly after, the 18-year-old male presented himself to police. He was arrested, taken to The Hills Police Station, and issued with a licence suspension notice and he was charged with Police Pursuit The matter is now before the court next month.

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vehicle collision at 10:44am on Monday the 16th June on Sailors Bay Road, Northbridge.

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- If you see a safe route, ESCAPE.
- If you are unable to escape, HIDE.
- When it is safe to do so, TELL.

Watch the video here "What to do in a Hostile Attack".

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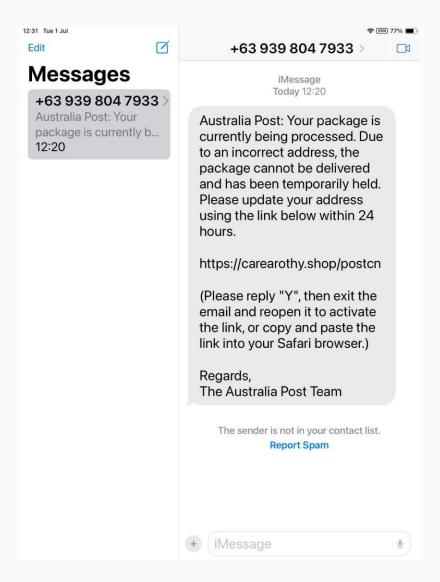


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- 2. It's easy to relax in holiday mode, but always lock doors and windows when you're inside, especially at night or when showering.
- 3. Keep phones, wallets, laptops and car keys away from open windows and not visible from the street.
- 4. If you're travelling with expensive gear, take a quick photo of serial numbers in case of loss or theft. It'll help later with police reports and insurance.
- 5. Ray hello to neighbours, but don't share too many details about how long you're staying or if the place is empty during the day.

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- 20 premises added this week
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Here are our favourite ways to start an online safety conversation:

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- What are some of our family rules for device use?
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Check out the comments for some great resources from ThinkUKnow Australia here.

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Cocooning is the idea of warning residents around where an incident has occurred. Our Crime Prevention Officer at Ku-ring-gai Police Area Command, Senior Constable Gemma Stokes, without identifying the actual residence for privacy reasons, identifies letterboxes around the area where community alerts can be delivered. Gemma prints off different community alerts depending on the type of offence. Hopefully the warning will prompt neighbours to be more vigilant, careful and less likely to become a victim. Thank you to Gemma, volunteers, Kerrie, Pasquale and Julia.

The latest cocooning warnings: Steal from Motor Vehicle - Nursery St, Hornsby Steal from Motor Vehicle - William St, Hornsby Parcel Theft - Belair Close, Hornsby

Please report any incident, no matter how minor - it all helps build a bigger picture of what is going on in your neighbourhood. Phone the **Police Assistance Line 131 444** to report non-emergency crime.



29 June, from Australian Communications and Media Authority (ACMA): Think you've been scammed?

Don't be embarrassed and don't wait. Tell your bank and telco immediately.



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The eSafety commissioner is cracking down on AI generated deepfakes which place students in danger. Reports of digitally altered images have doubled in the past 18 months, with Julie Inman-Grant urging schools to take the threat seriously.

Full article here.

Dates for your Diary

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Tuesday 22 July: 11am-noon. FREE BeConnected online presentation, Staying Safe on Facebook. <u>Bookings & info.</u>

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5:30-7pm FREE sausage sizzle @ TBC location

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This Australian-first initiative aims to make pubs, clubs, bars and other venues safer for everyone.

26 June, from Hannah's Blue Butterflies Road Safety Awareness: CAN I WEAR A HELMET WITH A TINTED VISOR AT NIGHT?

No, you should not wear a tinted visor on your motorcycle helmet at night. Tinted visors significantly reduce visibility in low-light conditions, making it harder to see obstacles, other vehicles, and potential hazards. It's recommended to switch to a clear visor for nighttime riding for safety.

Why tinted visors are not safe for night riding.

- Reduced Visibility:
 - Darker tints reduce the amount of light reaching your eyes, making it difficult to see details and react quickly to changing road conditions.
- Increased Risk of Accidents:
 - Reduced visibility can lead to delayed reaction times and increase the risk of accidents, especially in low-light or challenging weather conditions.
- Not Road Legal:
 - Many tinted visors are not road legal, and some even state they are not suitable for night riding.

Alternatives for night riding

- Clear Visor:
 - A clear visor provides optimal visibility in low-light conditions and is the safest option for night riding.
- Photochromatic Visor:
 - These visors automatically adjust to the amount of light, darkening in bright sunlight and clearing in low-light or at night.

- Transition Visor:
 Similar to photochromatic visors, these use a material that darkens in sunlight and remains clear at night.
- Modular Helmet with Drop-Down Sun Visor:
 These helmets have a tinted visor that can be lowered when needed during the day and retracted at night.
- Clear Glasses:

If you have a tinted visor and cannot switch to a clear one, wearing clear glasses underneath can offer some eye protection and improved visibility at night.

Having clear visibility is essential in staying safe on the roads.



26 June, from Tiny Hearts Education: Parents remember this - If your child falls from a height that is double their height, they need immediate medical attention.

It was this advice that pushed a mum to bring her bub into the hospital when her 6 month old rolled off the change table when her mum turned around to grab a wipe. It was later found through a scan that there was a 5cm fracture in the skull. Thankfully there was no bleeding or obvious brain damage.

Parents remember these words: If your child falls from a height that is double their height, they need immediate medical attention.

Reminder for you:

- Signs and symptoms after a fall don't always show up straight away
- Falling from a height that is double a child's height puts them at risk of a moderate to severe head injury
- Moderate to severe head injuries = call 000 for an ambulance.

26 June, from ACCC Product Safety: If you own an IKEA 365+ VÄRDEFULL garlic press black, stop use immediately: they have been recalled.

Small metal pieces can detach from the press during use. There is a risk of serious injury if swallowed with food. Injuries have occurred. Learn more here.



The Office of the eSafety Commissioner has the 'Be Connected' program.

Each week we will share a course that may help you. They are often designed especially for the elderly.

Thursday 31 July: 11am-noon. FREE BeConnected online presentation, 'Connecting to Others'. **Bookings & info.**

In this presentation, you will discover:

- how to set up for video calling
- how to use Skype
- how to use WhatsApp
- • how to use FaceTime.

Information for joining this presentation:

- you will need to use Google Chrome or Microsoft Edge as your browser
- we don't recommend that you use your phone and call in with the 'Use Telephone' option as you will incur phone charges
- read information on how to join and participate in our presentations and get troubleshooting advice on the Be Connected website:
 beconnected.esafety.gov.au/joining-online-presentations

A Summary Sheet is available as a pdf in English and 8 other languages. Download from here.



Thanks to Kai Crafts - unfortunate typo.

IMPORTANT CONTACTS & LINKS

Emergency (Police/Fire/Ambulance): 000

TTY: 106

NSW Police - Ku-ring-gai Police Area Command (PAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Local Police Facebook page: @Kuring Gai PAC

Non-emergency two-way communication

Police Assistance Line (PAL): 131 444

For non-urgent minor crime.

NSW Police Community Portal

Online reporting of non-emergency minor crime: lost property, intentional damage, graffiti or theft.

Interpreting & Translating Services: 131 450

NSW Police - website for crime prevention advice

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police. The Police are here to help you.

Crime Stoppers NSW: 1800 333 000

Report crime anonymously
Report suspicious activity ASAP

Neighbourhood Watch Ku-ring-gai and Hornsby:

Website <u>au-NHWKuringgaiHornsby.org</u>
Facebook @NHWKuringgaiHornsby

Facebook Group NHWKuringgaiHornsby

Twitter @NHWKRGHornsby

Email NHWKuringgaiHornsby@gmail.com

WatchOut!

WatchOut! - the NHW NSW one-stop-shop for crime prevention links:

Website WatchOut.org.au Facebook @NHWWatchOut

Local NHW Facebook pages:

Neighbourhood Watch - Berowra

Brooklyn Neighbourhood Watch

Neighbourhood Watch - East Killara

Neighbourhood Watch - Galston, Glenorie, Arcadia, Dural (Rural Areas)

NHW Galston, Glenorie, Arcadia & Dural (Rural Areas) Facebook Group

Neighbourhood Watch - Gordon

Neighbourhood Watch - Hornsby

Neighbourhood Watch - Killara

Neighbourhood Watch - Mt Colah

Neighbourhood Watch - Mt Kuring-gai

Neighbourhood Watch - Normanhurst

Neighbourhood Watch - Pennant Hills

Neighbourhood Watch - Pymble & West Pymble

Neighbourhood Watch - St Ives

Neighbourhood Watch - Thornleigh

Neighbourhood Watch - Turramurra

Neighbourhood Watch - Wahroonga

Neighbourhood Watch - Warrawee

Face-to-Face NHW groups:

Neighbourhood Watch - Berowra (paused)

*Neighbourhood Watch - East Killara

*Neighbourhood Watch - Gordon/Killara (plus part of Pymble)

Neighbourhood Watch - Mt Colah (paused)

*Neighbourhood Watch - St Ives (Lynbara Ave)

Neighbourhood Watch - Turramurra (The Chase) (paused)

*These NHW groups have joined together for the purpose of committee, shared meetings and printed newsletters.







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This email has been forwarded to you by Neighbourhood Watch within Ku-ring-gai and Hornsby. Please share the information with anyone you think may be interested, and encourage them to join our Distribution lists. Thank you. If you live outside the Hornsby/Ku-ring-gai area, please contact your local Crime Prevention officer for similar information for your locality. If you are unaware of an active Neighbourhood Watch group in your area, please consider starting one.

Our mailing address is:

Neighbourhood Watch within Ku-ring-gai & Hornsby

c/o Crime Prevention Officer, Ku-ring-gai NSW Police PAC - Hornsby Police Station

292 Peats Ferry Road

Hornsby, NSW 2077

Australia

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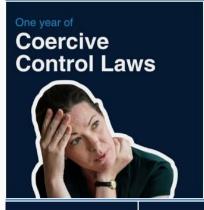
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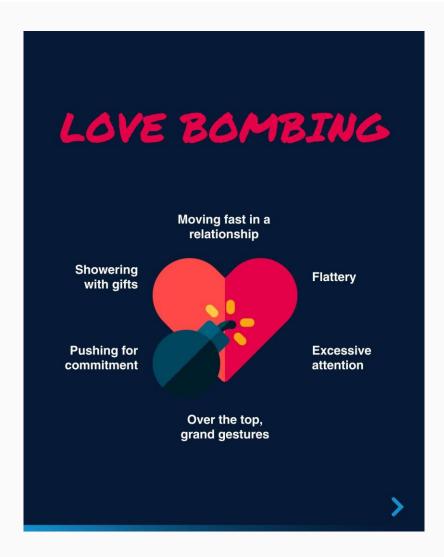
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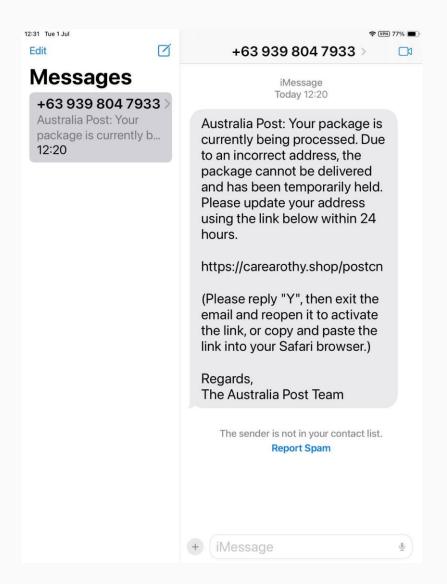


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Why tinted visors are not safe for night riding.

- Reduced Visibility:
 - Darker tints reduce the amount of light reaching your eyes, making it difficult to see details and react quickly to changing road conditions.
- Increased Risk of Accidents:
 Reduced visibility can lead to delayed reaction times and increase the risk of accidents, especially in low-light or challenging weather conditions.

Not Road Legal:

Many tinted visors are not road legal, and some even state they are not suitable for night riding.

Alternatives for night riding

Clear Visor:

A clear visor provides optimal visibility in low-light conditions and is the safest option for night riding.

Photochromatic Visor:

These visors automatically adjust to the amount of light, darkening in bright sunlight and clearing in low-light or at night.

Transition Visor:

Similar to photochromatic visors, these use a material that darkens in sunlight and remains clear at night.

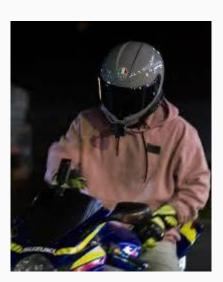
Modular Helmet with Drop-Down Sun Visor:

These helmets have a tinted visor that can be lowered when needed during the day and retracted at night.

Clear Glasses:

If you have a tinted visor and cannot switch to a clear one, wearing clear glasses underneath can offer some eye protection and improved visibility at night.

Having clear visibility is essential in staying safe on the roads.



26 June, from Tiny Hearts Education: Parents remember this - If your child falls from a height that is double their height, they need immediate medical attention.

It was this advice that pushed a mum to bring her bub into the hospital when her 6 month old rolled off the change table when her mum turned around to grab a wipe. It was later found through a scan that there was a 5cm fracture in the skull. Thankfully there was no bleeding or obvious brain damage.

Parents remember these words: If your child falls from a height that is double their height, they need immediate medical attention.

Reminder for you:

- Signs and symptoms after a fall don't always show up straight away
- Falling from a height that is double a child's height puts them at risk of a moderate to severe head injury
- Moderate to severe head injuries = call 000 for an ambulance.

26 June, from ACCC Product Safety: If you own an IKEA 365+ VÄRDEFULL garlic press black, stop use immediately: they have been recalled.

Small metal pieces can detach from the press during use. There is a risk of serious injury if swallowed with food. Injuries have occurred.

Learn more here.



The Office of the eSafety Commissioner has the 'Be Connected' program.

Each week we will share a course that may help you. They are often designed especially for the elderly.

Thursday 31 July: 11am-noon. FREE BeConnected online presentation, 'Connecting to Others'. Bookings & info.

In this presentation, you will discover:

- how to set up for video calling
- how to use Skype
- how to use WhatsApp
- how to use FaceTime.

Information for joining this presentation:

- you will need to use Google Chrome or Microsoft Edge as your browser
- we don't recommend that you use your phone and call in with the 'Use Telephone' option as you will incur phone charges
- read information on how to join and participate in our presentations and get troubleshooting advice on the Be Connected website:
 beconnected.esafety.gov.au/joining-online-presentations

A Summary Sheet is available as a pdf in English and 8 other languages. Download from here.



Thanks to Kai Crafts - unfortunate typo.

IMPORTANT CONTACTS & LINKS

Emergency (Police/Fire/Ambulance): 000

TTY: 106

NSW Police - Ku-ring-gai Police Area Command (PAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Local Police Facebook page: @Kuring Gai PAC

Non-emergency two-way communication

Police Assistance Line (PAL): 131 444

For non-urgent minor crime.

NSW Police Community Portal

Online reporting of non-emergency minor crime: lost property, intentional damage, graffiti

or theft.

Interpreting & Translating Services: 131 450

NSW Police - website for crime prevention advice

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police.

The Police are here to help you.

Crime Stoppers NSW: 1800 333 000

Report crime anonymously Report suspicious activity ASAP

Neighbourhood Watch Ku-ring-gai and Hornsby:

Website au-NHWKuringgaiHornsby.org

Facebook @NHWKuringgaiHornsby

Facebook Group NHWKuringgaiHornsby

Twitter @NHWKRGHornsby

Email NHWKuringgaiHornsby@gmail.com

WatchOut!

WatchOut! - the NHW NSW one-stop-shop for crime prevention links:

Website WatchOut.org.au Facebook @NHWWatchOut

Local NHW Facebook pages:

Neighbourhood Watch - Berowra

Brooklyn Neighbourhood Watch

Neighbourhood Watch - East Killara

Neighbourhood Watch - Galston, Glenorie, Arcadia, Dural (Rural Areas)

NHW Galston, Glenorie, Arcadia & Dural (Rural Areas) Facebook Group

Neighbourhood Watch - Gordon

Neighbourhood Watch - Hornsby

Neighbourhood Watch - Killara

Neighbourhood Watch - Mt Colah

Neighbourhood Watch - Mt Kuring-gai

Neighbourhood Watch - Normanhurst

Neighbourhood Watch - Pennant Hills

Neighbourhood Watch - Pymble & West Pymble

Neighbourhood Watch - St Ives Neighbourhood Watch - Thornleigh Neighbourhood Watch - Turramurra Neighbourhood Watch - Wahroonga Neighbourhood Watch - Warrawee

Face-to-Face NHW groups:

Neighbourhood Watch - Berowra (paused)

- *Neighbourhood Watch East Killara
- *Neighbourhood Watch Gordon/Killara (plus part of Pymble)

Neighbourhood Watch - Mt Colah (paused)

*Neighbourhood Watch - St Ives (Lynbara Ave)

Neighbourhood Watch - Turramurra (The Chase) (paused)

*These NHW groups have joined together for the purpose of committee, shared meetings and printed newsletters.







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This email has been forwarded to you by Neighbourhood Watch within Ku-ring-gai and Hornsby. Please share the information with anyone you think may be interested, and encourage them to join our Distribution lists. Thank you. If you live outside the Hornsby/Ku-ring-gai area, please contact your local Crime Prevention officer for similar information for your locality. If you are unaware of an active Neighbourhood Watch group in your area, please consider starting one.

Our mailing address is:

Neighbourhood Watch within Ku-ring-gai & Hornsby

c/o Crime Prevention Officer, Ku-ring-gai NSW Police PAC - Hornsby Police Station

292 Peats Ferry Road

Hornsby, NSW 2077

Australia

Add us to your address book.



