



Neighbourhood Watch Ku-ring-gai & Hornsby eNewsletter #666 - 16 July 2024

This weekly eNewsletter is compiled by Neighbourhood Watch (NHW) volunteers as a service for residents in Ku-ring-gai and Hornsby council areas. The eNewsletter is a new type of Neighbourhood Watch; utilising the available technology to keep people more connected and up-to-date with local crime and safety issues.

The eNewsletter includes a selection of posts from our local police at the [Ku-ring-gai PAC Facebook page](#) (also known as 'eyewatch'), primarily for those not familiar with Facebook. We add anything interesting from a Neighbourhood Watch point-of-view - this could be a local newspaper article, a roadwork warning, crime prevention tip(s), an upcoming Neighbourhood Watch meeting, Q&As from residents, or an item from another Police command ("Crooks know no boundaries!").

🚗 Have you seen anything we should share with the community? [Please email](#) our NHW in Ku-ring-gai & Hornsby volunteers. We do value your contributions and thank you for your support.

🚗 Please feel free to share/forward this eNewsletter with your friends, family, colleagues and neighbours.

🚗 Reading our eNewsletter for the first time? [Click here to subscribe](#).

14 July, from NSW Police: Robbery and Serious Crime Squad detectives charge a further three over alleged supermarket break-ins

The men are in court today.

➡ More details [here](#).

... "Police will allege in court when the vehicle was searched, items from the Marsfield break-in were recovered, as well as items from an earlier break-in at North Turramurra last week."...



14 July, from NSW Police: School holidays are here, and it's the perfect time for a snow adventure! ❄️🧑‍🎒🏂

Here are some essential tips to stay safe and enjoy your trip.

NSW Police Force **NSW GOVERNMENT**

A SNOW SAFE MESSAGE FROM THE NSW POLICE.

When driving in the Alpine region on snowy and icy roads:

- Plan your trip, check if there are any park or car park closures, if you're advised that car parks are full, make alternative plans.
- When driving to the snow watch for signs of tiredness and take a break.
- Leave double the normal distance between you and the car in front, don't brake harshly and avoid sharp steering movements as stopping on icy roads takes longer.
- Fitting chains: When directed by signs or authorities, fit the chains to the vehicles driving wheels, There are special chain fitting bays along the route.

When hiking:

- Submit a Trip Intention Form and hire a Personal Locator Beacon (PLB)* before heading out into the national park.

* You can hire snow chains at service stations and ski hire shops and PLB's (free of charge with a refundable deposit) from National Parks and Wildlife Service centres.



新州警方 雪山旅行 安全提示



高山地区积雪结冰道路安全驾驶注意事项：

- 出行前制定行程规划，核实国家公园或停车场是否开放。如果停车场已满，你需有其他安排。
- 驾车前往雪山途中注意疲劳迹象，中途适当休息。
- 行驶时与前车车辆保持通常车距的两倍距离。不要紧急刹车。行驶在冰雪路面上的汽车需要更长距离才能停车，因此避免突然变道和急转。
- 遵照路标指示或交通管理部门规定安装雪地防滑链。防滑链应该安装在汽车的驱动轮上。进山沿途有专门为安装防滑链开辟的停车点。

徒步旅行：

- 进入国家公园之前，填妥一份行程意向表 (Trip Intention Form) 并借用一部个人定位信标 (PLB)*。

* 加油站和雪具租赁店都有雪地防滑链出租。新州国家公园和野生动植物服务局服务中心备有 PLB 器材供免费借用（需付押金，可退还）。



رسالة من شرطة نيو ساوث ويلز بخصوص السلامة في جبال الثلج



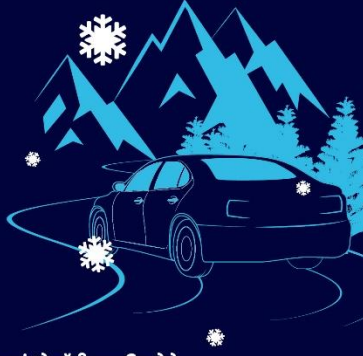
عند القيادة في منطقة جبال الثلج على طرق ثلجية أو جليدية:

- خطط لرحلتك، وتفقّد إذا كانت هناك أية إغلاقات لحدائق عامة أو مواقف سيارات، وإذا تم إبلاغك بعدم وجود شواغر في مواقف السيارات، ضع خططا بديلة.
- عند القيادة إلى جبال الثلج انتبه إلى علامات التعب وخذ قسطاً من الراحة.
- اترك ضعف المسافة المعتادة بينك وبين السيارة التي أمامك، ولا تضغط على الفرامل بقوة وتجنّب الانعطاف بحدّة لأن توقف السيارة على الطرق الثلجية يستغرق وقتاً أطول.
- تركيب السلاسل: ركب سلاسل حول إطارات السيارة عندما تعطيك إشارات المرور أو السلطات تعليمات بذلك. وتوجد فسات خاصة لتركيب السلاسل على طول الطريق.

لممارسة رياضة المشي في الجبال:

- قدّم "استمارة نية القيام برحلة" (Trip Intention Form) واستأجر "منارة شخصية لتحديد الموقع" (Personal Locator Beacon (PLB*)) قبل التوجّه إلى داخل الحديقة العامة.

* يمكنك استئجار سلاسل للطرق الثلجية من محطات الوقود والمحلات التي تؤجر معدّات التزلج ومنارات PLB مجاناً بتأمين قابل للاسترداد من مراكز "الحدائق الوطنية وخدمات الحياة البرية" (National Parks and Wildlife Service).



NSW ਪੁਲਿਸ ਵੱਲੋਂ ਬਰਫ਼ ਵਿੱਚ ਸੁਰੱਖਿਅਤ ਰਹਿਣ ਲਈ ਜਾਰੀ ਇੱਕ ਸੁਨੇਹਾ

ਐਲਪਾਈਨ ਖੇਤਰ ਵਿੱਚ ਬਰਫ਼ ਵਾਲੀਆਂ ਅਤੇ ਬਰਫ਼ੀਲੀਆਂ ਸੜਕਾਂ 'ਤੇ ਗੱਡੀ ਚਲਾਉਣ ਵੇਲੇ:

- ਆਪਣੀ ਯਾਤਰਾ ਦੀ ਯੋਜਨਾ ਬਣਾਓ, ਪਤਾ ਕਰੋ ਕਿ ਕੀ ਕੋਈ ਪਾਰਕ ਜਾਂ ਕਾਰ ਪਾਰਕ ਬੰਦ ਹਨ, ਜੇਕਰ ਤੁਹਾਨੂੰ ਸਲਾਹ ਦਿੱਤੀ ਜਾਂਦੀ ਹੈ ਕਿ ਕਾਰ ਪਾਰਕ ਭਰ ਚੁੱਕੇ ਹਨ, ਤਾਂ ਬਦਲਵੀਆਂ ਯੋਜਨਾਵਾਂ ਬਣਾਓ।
- ਬਰਫ਼ 'ਤੇ ਗੱਡੀ ਚਲਾਉਣ ਵੇਲੇ ਥਕਾਵਟ ਮਹਿਸੂਸ ਹੋਣ ਦੇ ਸੰਕੇਤਾਂ 'ਤੇ ਨਜ਼ਰ ਰੱਖੋ ਅਤੇ ਥੋੜ੍ਹਾ ਸਮਾਂ ਬ੍ਰੇਕ (ਆਰਾਮ) ਲਓ।
- ਆਪਣੇ ਅਤੇ ਸਾਹਮਣੇ ਵਾਲੀ ਕਾਰ ਵਿਚਕਾਰ ਆਮ ਦੂਰੀ ਤੋਂ ਦੁੱਗਣੀ ਦੂਰੀ ਰੱਖੋ, ਜੇਰ ਨਾਲ ਬ੍ਰੇਕ ਨਾ ਲਗਾਓ ਅਤੇ ਸਟੀਅਰਿੰਗ ਨੂੰ ਇੱਕਦਮ ਬਹੁਤ ਜ਼ਿਆਦਾ ਘੁੰਮਾਉਣ ਤੋਂ ਪਰਹੇਜ਼ ਕਰੋ ਕਿਉਂਕਿ ਬਰਫ਼ੀਲੀਆਂ ਸੜਕਾਂ 'ਤੇ ਰੁਕਣ ਵਿੱਚ ਜ਼ਿਆਦਾ ਸਮਾਂ ਲੱਗਦਾ ਹੈ।
- ਜੰਜੀਰਾਂ ਨੂੰ ਫਿੱਟ ਕਰਨਾ: ਜਦੋਂ ਸੰਕੇਤਾਂ ਜਾਂ ਅਧਿਕਾਰੀਆਂ ਦੁਆਰਾ ਨਿਰਦੇਸ਼ਿਤ ਕੀਤਾ ਜਾਂਦਾ ਹੈ ਤਾਂ ਉਦੋਂ ਜੰਜੀਰਾਂ ਨੂੰ ਵਾਹਨਾਂ ਨੂੰ ਚਲਾਉਣ ਵਾਲੇ ਪਹੀਆਂ 'ਤੇ ਫਿੱਟ ਕਰੋ, ਇਸ ਰੂਟ ਦੇ ਨਾਲ-ਨਾਲ ਜੰਜੀਰਾਂ ਲਗਾਉਣ ਲਈ ਪਾਰਕਿੰਗ ਕਰਨ ਲਈ ਖਾਸ ਸਥਾਨ ਖੋਜੋ ਹੋਏ ਹਨ।

ਹਾਈਕਿੰਗ ਕਰਦੇ ਸਮੇਂ:

- ਨੈਸ਼ਨਲ ਪਾਰਕ ਵਿੱਚ ਜਾਣ ਤੋਂ ਪਹਿਲਾਂ Trip Intention Form (ਟ੍ਰਿਪ ਇੰਟੇਂਸ਼ਨ ਫਾਰਮ) ਜਮ੍ਹਾਂ ਕਰਵਾਓ ਅਤੇ ਪਰਸਨਲ ਲੋਕੇਟਰ ਬੀਕਨ (Personal Locator Beacon, PLB)* ਨੂੰ ਕਿਰਾਏ 'ਤੇ ਲਓ।

* ਤੁਸੀਂ ਸਰਵਿਸ ਸਟੇਸ਼ਨਾਂ ਅਤੇ ਸਕੀ ਹਾਇਰ ਦੁਕਾਨਾਂ ਤੋਂ ਬਰਫ਼ ਵਾਲੀਆਂ ਜੰਜੀਰਾਂ ਨੂੰ ਕਿਰਾਏ 'ਤੇ ਅਤੇ ਨੈਸ਼ਨਲ ਪਾਰਕਸ ਅਤੇ ਵਾਈਲਡਲਾਈਫ ਸਰਵਿਸ ਸੈਂਟਰਾਂ ਤੋਂ PLB (ਵਾਪਸ ਮੁੜਨਯੋਗ ਰਕਮ ਭਰਕੇ ਮੁਢਤ) ਲੈ ਸਕਦੇ ਹੋ।



NSW (ਐਨ ਐਸ ਡਬਲਯੂ) ਪੁਲਿਸ ਦੀ ਔਰ ਸੇ 'ਬਰਫ਼ ਸੇ ਸੁਰੱਖਿਤ ਰਹੋ' ਸੰਦੇਸ਼

ਏਲਪਾਡਨ ਖੇਤਰ ਮੇਂ ਬਰਫ਼ ਸੇ ਫਕੀ ਔਰ ਜਮੀ ਫੁੰਝੀ ਬਰਫ਼ ਗਲੀ ਸੜਕਾਂ ਪਰ ਗਾੜੀ ਚਲਾਤੇ ਸਮਧ:

- ਅਪਨੀ ਯਾਤਰਾ ਦੀ ਯੋਜਨਾ ਬਣਾਓ, ਪਤਾ ਲਗਾਓ ਕਿ ਕਧਾ ਕੋਰ੍ਹ ਪਾਰਕ ਯਾ ਕਾਰ-ਪਾਰਕ ਬੰਦ ਹੈ, ਧਦਿ ਆਪਕੋ ਬਤਾਧਾ ਜਾਤਾ ਹੈ ਕਿ ਕਾਰ-ਪਾਰਕ ਭਰੇ ਹੁਏ ਹੈ, ਤੋ ਵੈਕਲਿਯਕ ਯੋਜਨਾਐਂ ਬਣਾਐਂ।
- ਬਰਫ਼ (ਸਨੋ) ਦੀ ਔਰ ਗਾੜੀ ਚਲਾ ਕਰ ਜਾਤੇ ਸਮਧ ਅਪਨੀ ਥਕਾਨ ਕੇ ਸੰਕੇਤਾਂ ਪਰ ਧਯਾਨ ਦੇਂ ਔਰ ਥੋੜੀ ਦੇਰ ਕੇ ਲਿਏ ਬ੍ਰੇਕ ਲੋ।
- ਅਪਨੀ ਕਾਰ ਔਰ ਅਪਨੇ ਸੇ ਆਗੇ ਗਲੀ ਕਾਰ ਕੇ ਬੀਚ ਸਾਮਾਨ੍ਧ ਦੂਰੀ ਸੇ ਦੋਗੁਨੀ ਦੂਰੀ ਰਖੋ, ਜੋਰ ਸੇ ਬ੍ਰੇਕ ਨ ਲਗਾਐਂ ਔਰ ਤੇਜ਼ੀ ਸੇ (ਸ਼ਾਧ) ਸਟੀਅਰਿੰਗ ਨ ਧੁਮਾਐਂ ਕਧੋਕਿ ਬਫ਼ੀਲੀ ਸੜਕਾਂ ਪਰ ਰੁਕਨੇ ਮੇਂ ਅਧਿਕ ਸਮਧ ਲਗਤਾ ਹੈ।
- ਫ਼ਿਰਿੰਗ ਚੇਨ: ਜਬ ਸੰਕੇਤ-ਚਿਨ੍ਹਾਂ ਯਾ ਅਧਿਕਾਰਿਯੋਂ ਟੁਰਾ ਨਿਰ್ದੇਸ਼ਿਤ ਕਿਧਾ ਜਾਤਾ ਹੈ, ਤੋ ਗਾਹਨਾਂ ਕੋ ਚਲਾਨੇ ਗਲੇ ਪਹਿਯੋਂ ਮੇਂ ਚੇਨ ਲਗਾਐਂ (ਫ਼ਿਰਟ ਕਰੋ), ਮਾਰਗ ਮੇਂ ਜਗ੍ਹਾ-ਜਗ੍ਹਾ ਵਿਸ਼ੇਸ਼ ਚੇਨ ਫ਼ਿਰਿੰਗ ਬੇ (bay) ਹੋਤੇ ਹੈ।

ਲੰਬੀ ਪੈਦਲ ਯਾਤਰਾ (hiking) ਕਰਤੇ ਸਮਧ:

- ਯਾਤਰਾ ਕੇ ਡਰਾਏ ਕਾ ਫ਼ੋਰਮੋਂ ਜਮਾ ਕਰੋ ਔਰ ਰਾਸ਼ਟ੍ਰੀਯ ਤਫ਼ਾਨ ਮੇਂ ਜਾਨੇ ਸੇ ਪਹਲੇ ਏਕ ਕ੍ਯਕ੍ਤਿਗਤ ਲੋਕੇਟਰ ਬੀਕਨ (ਪੀਏਲਬੀ)* ਕਿਰਾਏ ਪਰ ਲੋ।

* ਆਪ ਸਕਿੰਸ ਸਟੇਸ਼ਨਾਂ ਔਰ ਕਿਰਾਏ ਪਰ ਸਕੀ ਦੇਨੇ ਗਲੀ ਦੁਕਾਨਾਂ ਸੇ ਸਨੋ ਚੇਨ ਕਿਰਾਏ ਪਰ ਲੇ ਸਕਤੇ ਹੈਂ ਔਰ ਰਾਸ਼ਟ੍ਰੀਯ ਤਫ਼ਾਨਾਂ ਔਰ ਕਨ੍ਧਜੀਕ ਸੇਵਾ ਕੇਂਦਰਾਂ ਸੇ ਪੀਏਲਬੀ (ਰਿਫ਼ਲੈਕਟਿਵ ਡਿਥੀਐਟਿਵ ਟੈਕਸਟਿਲ: ਬ੍ਰਿਲਕ) ਲੇ ਸਕਤੇ ਹੈਂ।

14 July, from Traffic & Highway Patrol command: Provisional licence holders come under notice of Highway Patrol after excessive speed detections on the M1 Motorway on the Central Coast.

About 3:30pm on Tuesday the 9th of July 2024, Police attached to Brisbane Water Highway Patrol were performing stationary speed enforcement on the M1 Motorway, Bar Point. Police detected a Toyota Corolla sedan travelling south where his speed was checked at up to 124kph in the 90kph speed limited area. The driver was stopped nearby where he produced his driver's licence on Digital Service NSW application and was found it to be suspended due to unpaid fines still after being charged previously by Police for the same offence. Roadside testing resulted in a positive test to Cannabis and Methamphetamine. He was arrested and taken to Gosford Police station where further testing again returned a positive indication. He was issued a court attendance notice to appear before court in respect of his licence offence and a penalty notice for Exceed Speed Limit by more than 30kph. Police are awaiting analysis results of his saliva sample.

Just before 7:00am on Wednesday the 10th of July 2024, Brisbane Water Highway Patrol were performing High Visibility patrols of the M1 Motorway, Somersby where a Red Hyundai sedan came under notice of Highway Patrol officers due to her speed.

Police followed the vehicle and checked her speed at up to 153kph where she is restricted to 100kph as a P2 licence holder. Police stopped the vehicle nearby where she told Police "I'm extremely late for work". She was issued a penalty notice for the offence of P2 Driver exceed speed limit by more than 45kph. This offence carries a penalty amount of \$2 959.00 and a 6 month suspension of her driving privileges.



15 July, from Forbes Neighbourhood Watch

PROTECT YOUR MATES DRINK SAFE

It is important to drink safely and look after your mates when you're out. Drinking alcohol can affect your ability to make decisions and protect yourself.

Tips to Help You Stay Safe

- Don't accept drinks from strangers
- Count your drinks
- Never leave your drinks unattended
- Don't be pressured into drinking
- Eat before or while you are drinking
- If you feel unsafe find someone you trust
- Ensure you have multiple options to get home safely
- Always tell your mates where you're going
- Keep an eye on your mates and their drinks
- Recognise when you might need to call for help



14 July, from 1000 Life Hacks.

life hacks

Have some information on a “missing person” poster? Don't report it to any phone number/person mentioned in the poster, always contacted the authorities first. You never know who made the poster.

#1181

1000LifeHacks.com

13 July, Shared with permission from the East Wahroonga Community group:

Last night about 8.23pm we had a male in grey tracksuit come up to our carport and smear dog poo over the bonnet of our car. Revolting yes ! We have cctv photos and it's been logged with police.

But I'm putting it out in this group as we're completely shocked by what look like an intentional attack on us and property. Maybe we've offended someone but this is childish and vulgar and we're nice people. Not sure what actions I want from this more putting it out there as a neighbourhood watch post.

Happy Friday 🌞



13 July, from the Australian Competition & Consumer Commission (ACCC): Toppling furniture can pose a serious safety risk to children or vulnerable members of the family.



Secure furniture in your home with an anchoring kit. If anchoring hardware isn't included in your purchase, you can buy it at your local hardware or baby store. You can watch one example of a how-to guide for installing an anchoring kit [here](#).



13 July, from The Hills command: 🚨Traffic crashes should be reported to NSW Police when they meet certain conditions.






Crashes should be reported online when:

- ☒ the situation is not an emergency or life threatening
 - ☒ you are no longer at the scene of the crash
 - ☒ no drivers/riders appeared to be under the influence of drugs or alcohol
 - ☒ no persons were seriously injured or killed
 - ☒ all drivers/riders/owners have exchanged particulars
-

-  at least one vehicle involved in the crash had to be towed because of the crash
-  you require a NSW Police Event number for insurance purposes

Always  call 000 if you suspect someone has been hurt in an accident.

What you need:

-  your email address.
-  details of the crash, including time, date and location.
-  details of all vehicles involved in the crash, including description and if registered, registration number and state.
-  name and address of all other vehicle driver/riders and any damaged property owners.
-  name, address and date of birth of any person/s travelling within your vehicle who sustained minor injuries.

How to report a crash

Select the 'Report online' button. -> portal.police.nsw.gov.au/s/minor-traffic-crash-definition

Follow the prompts to complete your application.

More information

You can save your report as draft prior to submitting it to the NSW Police Force. Once you submit your report, you will receive an email confirming the successful submission, with a NSW Police Force Community Portal reference number.

If clarification regarding your report is required, you may receive a phone call or email from a NSW Police Force, PoliceLink, or Customer Service Representative.



13 July, from NSW Health: NSW Health is aware of a call spoofing scam which has impacted the public phone number for the NSW Ministry of Health (02 9391 9000).

NSW Health would like to assure the community we do not contact members of the public directly using this phone number, although it does take calls from members of the public.

Call spoofing allows the scammer to deliberately hide their number, and display a different (often Australian) number, increasing the likelihood that you answer the call.

Typically, these callers are located overseas and may be impersonating a bank, a government agency or a telecommunications provider to get personal or financially sensitive information for fraudulent purposes.

NSW Health has reported this matter to the relevant authorities including NSW Police.

If you receive a suspected scam call you should:

- - hang up, then check if their story is real by calling the actual organisation. The NSW Ministry of Health phone line (02 9391 9000) remains open to calls from the public.
- - never give out any personal or financial information
- - contact your telco to seek assistance
- - report the scam to ACCC's Scamwatch: scamwatch.gov.au/report-a-scam
- - report the scam to ReportCyber: cyber.gov.au/report-and-recover/report
- - contact IDCARE (call on **1800 595 160** or visit idcare.org/) if you've had personal details stolen
- - if bank fraud has been committed, report it to your bank or financial institution immediately and also to the police.

More information on call spoofing can be found on the Australian Communications and Media Authority website [here](#).



CHANGE OF DATE - GRAFFITI BLITZ

On behalf of Julian Leaser I wanted to update you on the change to details for the Graffiti Blitz Day. Unfortunately, due to unavoidable changes in scheduling,

this event date has had to be moved, we sincerely apologise for this and any inconvenience it may cause.

- DATE: Saturday August 17th
- TIME: 10am to 1pm
- MEETING SPOT: Kenley Park 136-140 Pennant Hills Rd, Normanhurst
- Training will be provided on the day for all participants and all materials supplied.

We are encouraging you to form a team of 3-4 people and register your team here: [REGISTER HERE](#). It is imperative you register so that we can get the correct number of supplies. Volunteers under the age of 18 will need to be accompanied by an adult during the event. If you do not have a team that is completely fine! Please register using the same form above and we will put you into a lovely team of like-minded people.

Brain Health Summit: CTE & Dementia Awareness

At the brain health summit on 24 July, presenters will be speaking about maintaining your brain health and aspects of various types of dementia. Service providers will also be on hand to answer your questions about the help that they can offer to people living with dementia, their families and carers. Our MC will be Samantha Lane, author, sports presenter and broadcaster. Details are:

- Date: Wednesday 24 July
- Time: 5pm to 9pm Light refreshments will be available throughout the evening
- Venue: Hornsby RSL Club
- Cost: FREE
- Info and bookings [here](#).

See the flyer below for further information. Feel free to send the attached flyer to your contacts.



Latest research findings for dementia and CTE

- Delve into the latest research about dementia, CTE, concussion management and brain injury prevention.
- Learn about modifiable risk factors and what steps you can take to protect your brain health and that of your family.
- Meet service providers and learn about supports available in your local area, and how to access them.
- Light refreshments available throughout the evening

Keynote speakers

Dr Suraj Samtani

Dr. Samtani will present on the symptoms of dementia and management strategies, offering valuable insights into patient care and strategies for living well with dementia

Dr Rowena Mobbs

Dr. Mobbs, a renowned neurologist, will provide a comprehensive overview of the future of CTE, discussing emerging treatments, preventative measures, and the latest advancements in the field.

Michael Lipman

Michael Lipman, an ex-international rugby union player, and author of "Concussion" will share his personal journey with early-onset dementia and probable CTE, providing a unique and powerful perspective.

Facilitated by Sam Lane

Author and men's AFL sports presenter



David Thorpe

David Thorpe, an author, and lecturer in Sports Law at Sydney University, will explore the legal challenges and responsibilities that sporting organisations face regarding CTE.

Kayleen Doyle

Kayleen founded Connecters Australia, a support group for people with probable CTE after her husband's diagnosis. She is passionate about raising awareness of CTE.

Event details:

Date: Wednesday 24 July 2024

Location: Hornsby RSL, 4 High St Hornsby

Time: 5pm – 9pm

Bookings: www.krg.nsw.gov.au/Things-to-do/Whats-on



11 July, from Service NSW: Good news! 🤗👏

With the new Driver Knowledge Test online launched today, you can learn road safety rules and complete the test from home or anywhere with internet access. The single test fee of \$55 gives you access to the DKT online course and unlimited attempts at the final test. Once you pass, you can go to a service centre to apply for your learner licence.

Find out more [here](#).

11 July, from Nepean command: SELLING SOMETHING ONLINE?

Here is the narrative (paraphrased) from a recent incident:

The victim was selling an Iphone 15 Ultra 15GB valued at over \$1300. The victim arranged over Facebook Marketplace to meet the buyer at his address to make the exchange. The buyer was invited into the Victim's home. As the buyer was inspecting the phone, the buyer ran from the scene without paying for the item.

HINT:

With the rise in frauds from online selling/buying platforms, please ensure you exchange goods and money in as safe a place as possible.

- DO NOT exchange at your home address.
- DO NOT exchange in a dark car park with minimal lighting and security cameras.
- DO exchange in a well lit environment with CCTV cameras and high foot traffic.

Feel free to invite the person you are selling to or buying from to exchange outside our police stations, or a well-lit, security-covered busy location.

Selling, buying or swapping goods online?



Do you purchase online?
Don't want to give your address out?
Rather exchange in a safer environment?

NEPEAN POLICE AREA COMMAND

WAYS OF CONTACTING POLICE

- Triple Zero (000)
- Police Assistance Line (131 444)
- Crime Stoppers (1800 333 696)

IF YOU NEED US BUT NOT LIGHTS AND SIRENS, CALL 131444

NEPEAN POLICE AREA COMMAND

NSW Police Force

11 July, from NSW Road Safety: 🚗 No funny business on the road! 🧑🏻🧑🏻

- 🚗 The faster you drive, the longer it takes to stop. Make sure you leave at least 3 seconds between you and the vehicle in front.
 - 🌧 In poor conditions such as unsealed, icy/wet roads or at night, increase the space between you and the vehicle in front.
-

"I'll just tailgate
the car in front"



"No need for a
3-second gap"



"I'll get home
much faster"



"I have fast reflexes
and can brake quickly
if I need to"



Dates for your Diary

Thursday 09 May - Thursday 14 November: LifeLine Connect 1.00 pm - 5.30 pm @ Hornsby Library. FREE. Drop-in or make a booking: **8287 1142**.

Tuesday 16 July: NHW Ku-ring-gai & Hornsby Volunteers meeting. 6pm @ PCYC, Waitara. Email us [here](#) for more info. New volunteers welcome. Meal afterwards at Magpies.

Thursday 18 July - Sunday 21 July: Sydney's Biggest Book Fair (LifeLine H2H), 9am - 5pm @ Knox Grammar School, The Great Hall, Woodville Avenue, Wahroonga. Free entry & free parking.

Wednesday 24 July: FREE Dementia Alliance 'Brain Health Summit'. 5-9pm @ Hornsby RSL. [Bookings](#). Light refreshments available.

Thursday 25 July: FREE 10-11am Australian Government. 'Be Connected' online presentations - "iPhone Basics". [Info/Register](#)

Saturday 17 August: Normanhurst/Thornleigh/Pennant Hills Graffiti Removal Blitz. 10am-1pm Meet at Kenley Park, 136-140 Pennant Hills Rd, Normanhurst. Email us [here](#) to learn more.

Sunday 25 August: Emergency Services Expo @ Westfield TBC

Sunday 22 September: Party @ the Park 9:15am-2:15pm TBC


Saturday 12 October: St John's Anglican Church Fete 9am-2pm NHW crime prevention stall & kids activities tbc.

11 July, from North Shore command: Police are warning the local community about a rise in counterfeit (fake) iPhones being sold via online platforms to unsuspecting customers.

Scammers are posting these fake iPhones for sale across Facebook Marketplace, Gumtree, eBay and other online selling platforms. The scammer will often advertise the phone for sale at a lower price point, to attract customer attention. The scammer will then meet the victim in a public place to exchange the phone for cash. Often the phone will come with unopened packaging and a fake receipt (usually from JB HI FI). The counterfeit phone can be turned on and appears to be genuine at first glance. It only becomes apparent that the phone is in fact a counterfeit product, when the victim (purchaser) attempts to link the phone to online and services cloud services. The phone does not function like a normal iPhone and the victim realises they have been scammed, often having paid in excess of \$1500 for the fake iPhone.

If you are looking purchasing a new mobile phone online, here are some red flags to consider:

- ➡ If the seller will not provide you with an address, instead suggesting a public meet-up or offer to come to you.
 - ➡ If the seller rushes you for cash.
 - ➡ If you receive a receipt with no date of purchase, this may be a fake receipt.
 - ➡ If the seller is quick to discount the price and/or claims it is an unwanted gift.
 - ➡ If the seller does not allow you to test the product in their presence.
 - ➡ Watch out for websites or sellers advertising at very low prices, often lower than comparable or identical items on other websites.
-

-  Be careful if the website or seller is very new. If possible, try and ascertain how many sales the seller has, and the period of time they've been selling. If the store is on social media, read the comments and search for independent reviews on the internet — noting that sometimes there may be fake positive reviews.

For more information on scams in Australia, visit scamwatch.gov.au



From NHW in Ku-ring-gai & Hornsby: 'Our 20 Favourite Crime Prevention Tips for Travel' 我们的 20 个最常用的犯罪预防提示 旅行

Tip #1. 出行前请做一些旅行方面的研究，并访问：www.SmarTraveller.gov.au

。 • 如果您是双重国籍，请确认是否会对您出行造成影响。例如：您使用的护照将决定可以为您提供协助的大使馆，服兵役 情况等。 • 如果您需要常年服用某种药物，请了解该药物是否被限制出关或入关，在需要时请携带证明文件。 • 如果您的被监护人还年幼，请在出行前确认他们已被妥善安排照顾。 • 请在澳大利亚政府的 DFAT Smartraveller 登记您的出行。

Tip #12. Consider a reduced credit limit on a credit card purely for your overseas travel. Let the bank know of your trip. To avoid being over-charged, consider using a currency exchange mobile phone App such as XE Currency.

Consider wearing a hidden wallet (that attaches to a belt and tucks inside your pants leg). Use a wallet/bag/passport holder with RFID protection.

Tip #16. Request a room on a floor other than the lowest – most crimes happen on the lower floors. Acquire or photograph the fire escape plan on the back of your hotel door. Keep a flashlight next to the bed and within arm's reach.

Tip #17. Keep the 'do not disturb' sign on hotel door, even when unoccupied. Keep the drapes/blinds pulled at all times, even when unoccupied. Don't rely on hotel room safes - carry passport & anything of value at all times. Get cleaned by calling maid service.

Tip #19. Use a motion alarm that can be placed over the hotel doorknob, or a door-stopper alarm, or a simple rubber wedge to place under the door. Request an extra key at the front desk, so no one will know if you're traveling alone.

For more FAQs, tips and translations, look at our website 'Tips' page [here](#). Or try our WatchOut! website [here](#), for links to some great information available on the internet. Or request a copy in your inbox [here](#). Other languages are available.

11 July, from Whittlesea City Neighbourhood Watch: Poor-man's steering wheel lock.

It does the job 👍



11 July, from Chifley command.



NSW POLICE FORCE CRIME PREVENTION SERIES

Protect your children online

The use of mobile telephones, tablets and personal computers is common in most people's lives.

Children are encouraged to use these devices to assist with their studies and stay connected, but this technology can also be used by online predators to target children.

A lot of children use mobile devices to keep in contact with friends via social media. Whilst using these sites, there is a chance they could come into contact with online predators.

Here are some simple steps we all can take to help protect our children when they are online.

Children - protect yourself online

- **NEVER** post personal information, including your name, home address, photograph, phone number or school, anywhere on the internet.
- **ALWAYS** tell your parents or another adult you know of any contact online that makes you feel uncomfortable.
- **NEVER** arrange a face-to-face meeting with someone you have chatted to online without your parents' or carers' full knowledge. Have a parent/carer accompany you.
- **ALWAYS** think before sending. Pressing 'send' is definite and final - you can't get it back.
- **DO NOT** send a picture of yourself to anyone you don't know.

Parents - protect your children online

- **ALWAYS** educate your children about the dangers associated with online conversations.
- **ENSURE** that you discuss age-appropriate sites with your children.
- **TALK** to your child about what they do online and their favourite sites to visit.
- **CHECK** with your child's school, public library, and other places they frequent to find out what internet sites they're accessing.
- **ALWAYS** monitor the status of safety settings on devices used by your child.

Protect your home devices

- **DEACTIVATE** settings like GPS from social media sites used by your child.
- **ENSURE** you and your family use strong passwords to secure your devices.
- **ALWAYS** use secure web browsers and active parental control restrictions on your home computer and devices.
- **PROTECT** your passwords so your child cannot automatically purchase apps without your approval.
- **DO NOT GIVE YOUR PASSWORD TO ANYONE - NO ONE!**

For more information on this topic visit www.esafety.gov.au

For more crime prevention information visit us on www.police.nsw.gov.au



NSW Police Force NSW GOVERNMENT Justice



Email us [here](#) for a copy in your inbox.

10 July, from Neighbourhood Watch WA: Looking forward to getting away for the school holidays?

Use our checklist to make sure your home is secure while you're away.

There's always a stack of stuff to remember to do before you leave, and making sure you don't come home to a burgled house is one the most important. 🚗✈️



You can learn more ways to make your home more secure [here](#).

HOLIDAY CHECKLIST

- ☐ **LOCK IT UP:** Have you locked all of your doors, windows, sheds, gates and any access points?
- ☐ **OCCUPY IT:** Does your home seem occupied? Why not set timers to switch on your lights.
- ☐ **HIDE IT:** Have you hidden all of your valuables away from windows or doors? Don't forget about your outdoor equipment!
- ☐ **SET IT:** Did you remember to set your alarm and make sure your security systems are working?
- ☐ **DON'T POST IT:** Resist the temptation to share your adventures on social media. It makes it easier for thieves to know when we're away and even find out where you live.
- ☐ **NEIGHBOUR UP:** Have you asked your neighbours, friends or family to house sit or keep an eye on your place?
- ☐ **ENJOY IT:** Most importantly enjoy your holiday and stay safe.



10 July, from Neighbourhood Watch WA: With school holidays and the change in the weather, many Western Australians are heading to warmer climates in their caravans.

Here are some handy tips on how to protect your van on the road.

- 🗝️ If travelling with valuables, lock them out of sight in a security box or in the boot of your vehicle.
 - 🚪 Get in the habit of locking up when leaving your caravan, even for a short time.
 - 🚲 Avoid signs of "no life". Try to make it appear that someone is "at home".
 - 🌙 Leave lights on in the caravan when you go out at night.
-

- 📺 Advise the park manager or trusted neighbours if you plan to be away for a few days or more, and leave contact details.
- 🕶️ If you need to rest, use a designated stop or park in a well lit location. Lock your vehicle.
- 🚗 Get to know your neighbours and keep an eye on each other's property.



10 July, from Neighbourhood Watch WA: 🏠 If there's a knock at the door – teach kids to yell out “Dad/Mum, there's someone at the door!”

Or if you're elderly or live alone, make some noise. Don't ignore the knocks and calls, or make a point of staying quiet, as crooks could be testing to see if anyone is home.



09 July, Shared with permission from the Lindfield/East

Lindfield/Killara/Roseville Community group yesterday (Monday):

So this happened yesterday (Sunday). Came back to my car parked in Lindfield Avenue for about 20 mins. My number plate bent on the right hand side. It's deliberate, be vigilant people.



life hacks

Want to increase the chances of someone returning your lost wallet? Put a baby picture inside it. A recent study showed that people are more likely to return a lost wallet if they find a baby picture inside of it. PRO TIP: The picture can be of anyones baby!

#1221

1000LifeHacks.com

Thanks to 1000 Life Hacks

IMPORTANT CONTACTS & LINKS

Emergency (Police/Fire/Ambulance): **000**

TTY: 106

NSW Police - Ku-ring-gai Police Area Command (PAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Local Police Facebook page: @Kuring Gai PAC

Non-emergency two-way communication

Police Assistance Line (PAL): 131 444

For non-urgent minor crime.

NSW Police Community Portal

Online reporting of non-emergency minor crime: lost property, intentional damage, graffiti or theft.

Interpreting & Translating Services: 131 450

NSW Police - website for crime prevention advice

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police. The Police are here to help you.

Crime Stoppers NSW: 1800 333 000

Report crime anonymously

Report suspicious activity ASAP

Neighbourhood Watch Ku-ring-gai and Hornsby:

Website au-NHWKuringgaiHornsby.org

Facebook [@NHWKuringgaiHornsby](https://www.facebook.com/NHWKuringgaiHornsby)

Facebook Group [NHWKuringgaiHornsby](#)
Twitter [@NHWKRGHornsby](#)
Email NHWKuringgaiHornsby@gmail.com



WatchOut! - the NHW NSW one-stop-shop for crime prevention links:

Website WatchOut.org.au
Facebook [@NHWWatchOut](#)

Local NHW Facebook pages:

[Neighbourhood Watch - Berowra](#)
[Brooklyn Neighbourhood Watch](#)
[Neighbourhood Watch - East Killara](#)
[Neighbourhood Watch - Galston, Glenorie, Arcadia, Dural \(Rural Areas\)](#)
[NHW Galston, Glenorie, Arcadia & Dural \(Rural Areas\) Facebook Group](#)
[Neighbourhood Watch - Gordon](#)
[Neighbourhood Watch - Hornsby](#)
[Neighbourhood Watch - Killara](#)
[Neighbourhood Watch - Mt Colah](#)
[Neighbourhood Watch - Mt Kuring-gai](#)
[Neighbourhood Watch - Normanhurst](#)
[Neighbourhood Watch - Pennant Hills](#)
[Neighbourhood Watch - Pymble & West Pymble](#)
[Neighbourhood Watch - St Ives](#)
[Neighbourhood Watch - Thornleigh](#)
[Neighbourhood Watch - Turramurra](#)
[Neighbourhood Watch - Wahroonga](#)
[Neighbourhood Watch - Warrawee](#)

Face-to-Face NHW groups:

Neighbourhood Watch - Berowra (paused)
*Neighbourhood Watch - East Killara
*Neighbourhood Watch - Gordon/Killara (plus part of Pymble)
Neighbourhood Watch - Mt Colah (paused)
*Neighbourhood Watch - St Ives (Lynbara Ave)
Neighbourhood Watch - Turramurra (The Chase) (paused)

*These NHW groups have joined together for the purpose of committee, shared meetings and printed newsletters.
