## Neighbourhood Watch

## Our 20 Favourite Crime Prevention Tips for

## PERSONAL SAFETY



- 1. Limit what you carry with you. If you carry a bag, keep it close to your body and keep a firm grip. Carry any wallet in your front pocket. If someone does attempt to take your property, do not resist. Throw it away from you.
- 2. When returning to your car, have keys in hand and ready to use. Ask a friend to walk with you. Be aware of people in surrounding cars.
- 3. When out, stay alert, keep your mind on your surroundings, and be aware of what is happening around you at all times. Don't be distracted. If listening to music, remove one ear bud, or set volume to low.
- 4. When travelling on a train, sit near the guard's compartment. Try not to fall asleep. When travelling on a bus, sit near the driver. When taking a taxi, before getting in, verify the authority card photo matches the driver.
- 5. If you feel uncomfortable with a fellow passenger on a train, immediately leave the compartment. Select a different compartment.
- 6. Improve your home's security by arranging a 'safety audit' by your crime prevention officer (CPO). They can identify changes to make you feel safer. Phone Hornsby Police Station and ask for the CPO.
- 7. In apartment blocks, only 'buzz in' those people you know, even if they seem trustworthy. Ensure the door shuts behind you.
- 8. Install an intruder alarm system and be sure to test the batteries and sensors regularly. Clean away cobwebs from sensors.
- 9. When you are at home or leaving home, lock all doors and windows. Including sheds & garages. Always set any alarm. Most have 'Home' and 'Away' settings, allowing you to set it when at home (especially when sleeping), as well as when out.
- 10. Never leave keys in a hiding spot outside the home. Instead leave spare keys with a trusted friend. Consider Fingerprint, Key Pad or Bio Locks.

FOR EMERGENCIES (Including anyone on your property)
TO REPORT ANYTHING SUSPICIOUS (Crime Stoppers)
TO REPORT NON-EMERGENCY CRIME (Police Assistance Line)
IF YOU'RE NOT SURE (Hornsby Police Station)
TTY—To ask for Police, type PPP
SPEAK AND LISTEN

000 1800 333 000 131 444 9476 9799 106 1 800 555 727

- 11. Never accept offers of work from door-to-door tradesmen. Report to Travelling Conman Hotline 1300 133 408. Only use tradies recommended to you, or that you have researched. Supervise them all the time in your home.
- 12. Don't tell burglars you live alone. Leave an answering machine greeting that says "We can't come to the phone right now...", even if you live alone. If someone is at the door, call out loudly to your imaginary room-mate that you will answer it, "Don't worry—l'll get it!" Don't list your first name on the apartment directory, or name plate.
- 13. Do not open the door to strangers! If they require your help in an emergency, offer to phone on their behalf.
- 14. Walk in well-lit regularly travelled walks and pathways areas. [Report a street light fault— Ausgrid 1800 044 808.] If followed, cross the street, crossing back and forth if necessary. pursued, DO ANYTHING to attract attention—scream, pull a fire alarm, flag down a passing motorist, etc. Carry a personal alarm. Stay calm and in control.
- 15. If walking, use, or pretend to use, a mobile phone. Consider using an App such as Companion, Follow Me, Circle of 6, SafeZone, MyWitness, Get Home Safe (GHS), Glympse, etc.
  - Download the NSWPF emergency+ app now!
- 16. When crossing the road and at intersections, never assume an approaching driver can see you. Get eye contact. Pedestrian crossings don't give you protection.
- 17. In a lift, stand next to the lift controls/emergency alarm or help button and face those joining you. Be prepared to exit.
- 18. At an ATM, if you feel uncomfortable, cancel the transaction and leave. Or shout, "What do you mean, 'no money'?!" Do not display cash in public—put it away discreetly and fast. Get \$50 cash from supermarket EFTPOS (without making a purchase).
- 19. When driving, lock doors and windows and do not leave valuables in view, especially on the front passenger seat. Where possible, park rear to the curb, giving you a better view of a situation.
- 20. Keep emergency numbers as easy dial/memory on your phone. Keep the phone by the bed, and torch for emergencies. Keep your car keys by the bed be aware they can include a panic alarm. Report anything suspicious.

This information was compiled by volunteers with Neighbourhood Watch Ku-ring-gai and Hornsby. Please contact your Crime Prevention Officer (CPO) at Hornsby Police Station for more information. Phone: 9476 9799.

Tips and other resources are available to download free from the Neighbourhood Watch in Ku-ring-gai & Hornsby website: au-NHWKuringgaiHornsby.org/Tips/.

See also the community's one-stop-shop of crime prevention information: <u>WatchOut.org.au</u>. Follow us on Facebook, Twitter or at our website. Contact us at: NHWKuringgaiHornsby@gmail.com.