



### Neighbourhood Watch Ku-ring-gai & Hornsby

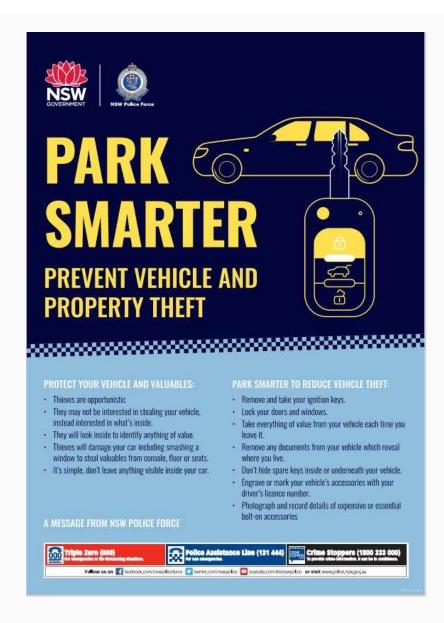
eNewsletter #615 - 25 July 2023

This weekly eNewsletter is compiled by Neighbourhood Watch volunteers as a service for residents in Kuring-gai and Hornsby council areas. The eNewsletter is a new type of Neighbourhood Watch; utilising the available technology to keep people more connected and up-to-date with local crime and safety issues.

The eNewsletter includes a selection of posts from our local police at the <u>Ku-ring-gai PAC Facebook page</u> (also known as 'eyewatch'), primarily for those not familiar with Facebook. We add anything interesting from a Neighbourhood Watch point-of-view - this could be a local newspaper article, a roadwork warning, crime prevention tip(s), an upcoming Neighbourhood Watch meeting, Q&As from residents, or an item from another Police command ("Crooks know no boundaries!").

- A Have you seen anything we should share with the community? Please email our NHW in Ku-ring-gai & Hornsby volunteers. We do value your contributions and thank you for your support.
- A Please feel free to share/forward this eNewsletter with your friends, family, colleagues and neighbours.
- A Reading our eNewsletter for the first time? Click here to subscribe.

#### 25 July, from Nepean command:



#### 25 July, from Nepean command: Have you heard about the Next of Kin Program?

The Next of Kin Program helps people living alone to have the contact details of their nominated person recorded at a local police station. The contact details of the NOK, as well as the nominated doctor, dentist and any medical alerts that would help in an emergency situation will be entered onto a register. Any information provided will be securely stored and only accessed by NSW Police. This information may assist the Police and emergency services to contact a relative or other nominated person if needed in an emergency situation. Application forms available <a href="here">here</a>.

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#### 25 July, from The Hills command: THURSDAY 27 JULY 2023 3pm to 9pm

The Hills Police Area Command, in partnership with the Women's Domestic Violence Court Advocacy Service (WDVCAS), are continuing an initiative to support vulnerable women who are subjected to domestic violence that require additional support and are not able to attend a Police Station. If in immediate danger you can always **call 000**, however if you are not able to come to the station, or have Police come to your home, there is a safe space setting within the Hills, that Police and specialist DV Support Workers will meet with you. Call or **SMS 0421670020** or email oloa.savaiinaea@wscls.org.au (WDVCAS)



### 21 July, from NSW Police: Sharing on behalf Victoria Police. Jessica is believed to have has travelled to Sydney.

Jessica is missing. The 17-year-old was last seen in Wallan around 4:30pm on Tuesday 18 July. Jessica is Caucasian, around 170cm tall with a slim build and long straight pink hair. She was last seen wearing a black jacket, black pants, white sneakers and carrying a denim backpack.

Anyone with information on Jessica's whereabouts is urged to contact **Seymour Police Station on (03) 5735 0200**. #230445667



#### 21 July, from NSW Police: Can YOU help US locate Frankie Allison???

Frankie, aged 12, was last seen in Cromer, about 9.45am yesterday (Thursday 20 July 2023). Frankie is described as being of Caucasian appearance, 167cm tall, long brown hair and blue eyes. She was last seen wearing a school uniform. Frankie is known to frequent the Northern Beaches area.

Anyone with information of her whereabouts is urged to contact **Dee Why Police Station 9971 3399 or Crime Stoppers on 1800 333 00**0.

Further information: <a href="mailto:police.nsw.gov.au/news/article?id=107558">police.nsw.gov.au/news/article?id=107558</a>



### 19 July, from Police Transport command:









### 25 July, from NSW Health: Keep your family safe this winter. Leave BBQs and outdoor heaters outside

They make carbon monoxide, a poisonous gas you can't see, taste or smell. You don't know it's there, but this gas can kill without warning.

Common symptoms of carbon monoxide poisoning include headache, nausea, vomiting, dizziness and weakness. People with more severe poisoning may faint or lose consciousness, and in some instances, suffer permanent brain injury or death. NEVER use BBQs or outdoor heaters inside your home. If you think someone has carbon monoxide poisoning, call the **Poisons Information Centre on 13 11 26 for advice 24/7**. In an emergency, call **Triple Zero (000).** 

Learn more: <u>health.nsw.gov.au/COpoisoning</u>



25 July, from NSW Road Safety: When you see the flashing lights of stationary tow trucks and emergency vehicles on roads with a speed limit of 80km/h or more, motorists must:

- Slow down safely to a speed that is reasonable for the circumstances
- Servide sufficient space between their vehicle and the stationary vehicle displaying flashing lights.
- Change lanes on a multi-lane road if it is safe to do so.

• Only increase your speed once you have passed all people and emergency vehicles involved.



# 25 July, from The North Shore Synagogue: Forum: Parents - Let's Talk about the Teenage Mental Health Crisis

Don't miss this important event for parents on dealing with the Teenage Mental Health Crisis. Australia is facing a serious mental health crisis among teenagers with more than 1 in 5 experiencing a mental health issue such as depression in the previous 12 months. The North Shore Synagogue presents an important event featuring a panel of experts in adolescent mental health specifically designed to inform parents and other family members how to recognise the signs of mental health and how to seek support for the health of young people and their families. Cost = \$20.

Sun 30th Jul 2023, 7:30 pm - 9:00 pm @ The North Shore Synagogue 15 Treatts Rd, Lindfield NSW 2070



25 July, from Ku-ring-gai Youth Development Service (KYDS): Do you feel your son/daughter/student could use some help when it comes to managing the transition to high school and mental health?

At 1:00pm on Tuesday 22nd August and 6:30pm on Wednesday 30th August, KYDS will offer a free webinar for parents and teachers to help their child/student manage the leap into the big pond in the best way possible!

Click the link to join the webinar: https://lu.ma/rtepu223.



#### 25 July, from the Australian Government: It's DonateLife Week

Australian families urged to take a minute to register and chat about organ and tissue donation.

More info here.

# 25 July, from Berowra Rural Fire Brigade: THE BUSH FIRE SEASON is not far away, and it's time to remember that we live in BUSH FIRE PRONE land!

During August and September, we are holding a series of street meetings across Berowra to discuss how you can best prepare YOUR family and PROPERTY for the impact of bushfires in our local area. Over the coming weeks join us for a conversation on PREPARING YOUR PROPERTY AND FAMILY FOR THE BUSHFIRE SEASON. Street Meeting Dates and Times - 1230pm - 2pm

- **b** Sunday 6 August Barnetts Rd lookout car park
- Saturday 12 August Turner Rd near fire trail gate
- 💍 Sunday 20 August End of Gully Rd
- Saturday 26 August Cumbora Circuit near fire trail gate

## 24 July, from Crime Stoppers NSW: Personal safety is something we should all take seriously.

Whether we're out and about in our daily lives or traveling to a new place, it's important to be aware of potential dangers and take steps to protect ourselves. Here are 9 tips for staying safe. Remember, staying safe is a personal responsibility. By taking these steps and being aware of potential dangers, you can help protect yourself and stay safe in any situation.

- 1. TRUST YOUR INSTINCTS: If something feels off or unsafe, trust your gut and remove yourself from the situation.
- 2. STAY AWARE OF YOUR SURROUNDINGS: Pay attention to who and what is around you at all times.
- 3. AVOID WALKING ALONE AT NIGHT: If you have to walk alone at night, stick to well-lit areas and let someone know your route.
- 4. KEEP YOUR PHONE CHARGED: Keep a charged phone with you at all times, and consider carrying a portable charger.
- 5. BE CAREFUL WITH ALCOHOL: If you're drinking, do so responsibly and be aware of your surroundings.
- 6. DON'T SHARE PERSONAL INFORMATION WITH STRANGERS: Be cautious about giving out personal information, especially online.
- LEARN SELF-DEFENCE: Consider taking a self-defence class to learn techniques for protecting yourself in dangerous situations.
- 8. KEEP YOUR VALUABLES HIDDEN: Don't flaunt expensive jewellery or electronics in public, and keep your wallet or purse close to your body.
- HAVE A PLAN IN CASE OF EMERGENCY: Make sure you know what to do in case of an emergency, whether it's a natural disaster or a personal safety threat.

#### **Dates for your Diary**

**Thursdays 27 July - 31 August:** 10-12pm Online Circle of Security Program (for parents of 0-12yr) FREE. <u>Info</u>.

**Sunday 30 July:** Forum: Parents - Let's Talk about the Teenage Mental Health Crisis. 7:30-9pm @ The North Shore Synagogue, 15 Treatts Rd, Lindfield. \$20. Info.

August: Rollout of KerbWatch into Turramurra suburb. Info.

**Wednesday 02 August:** Neighbourhood Watch Ku-ring-gai & Hornsby Volunteers meeting #38 @ PCYC, Waitara. Email us <u>here</u> with any question or issue.

**Fridays 04 August - 25 August:** 12-1pm Online 1-2-3 Magic Parenting Program (for parents of 2-12yr) FREE. <u>Info</u>.

**Fridays 04 August - 01 September:** 12-1:30pm Online Tuning into Kids Program (for parents of primary age) FREE. <u>Info</u>.

- **Sunday 06 August:** Berowra RFS Street Meeting 12:30-2pm @ Barnetts Rd Lookout carpark.
- **Saturday 12 August:** Berowra RFS Street Meeting 12:30-2pm @ Turner Rd nr Fire Trail gate.
- **Sunday 20 August:** Berowra RFS Street Meeting 12:30-2pm @ End of Gully Rd.

**Tuesday 22 August:** KYDS 'Small fish, big pond', Managing the transition to high school. FREE webinar 1-2pm. Info.

**Saturday 26 August:** Berowra RFS Street Meeting 12:30-2pm @ Cumbora Cct nr Fire Trail gate.

Sunday 27 August: Berowra Woodchop Festival.

**Wednesday 30 August:** KYDS 'Small fish, big pond', Managing the transition to high school. FREE webinar 6:30-7:30pm. Info.

**Saturday 09 September:** Berowra RFS Street Meeting 12:30-2pm @ Bambi Rd nr Fire Trail gate.

#### 24 July, Shared with permission from the Berowra Community group:

Our plates were stolen off our car 4 weeks ago. Service NSW told me it's happening at least twice a month in the area.

23 July, from CatholicCare: Parenting programs - information here.



JOIN US ONLINE Fridays 4 August - 25 August 2023 12:00 - 1:00pm

### A 4 week course for parents of 2 – 12 year olds living on the Northern Beaches or in Northern Sydney

Learn how to manage behaviour without arguing or shouting and discover methods to stop unwanted behaviours, increase co-operation and enhance your relationship with your children.

We're here to help parents raise well behaved, happy, competent children and put the fun back into parenting! Feel free to bring your lunch to the session.

CLICK HERE TO REGISTER OR SCAN HERE

MORE INFO & BOOKINGS





### **TUNING INTO KIDS**

#### A 5 week course for parents of primary school aged children

#### ONLINE

Fridays 4 August - 1 September 2023 12.00pm - 1.30pm

Children who develop emotional intelligence often do better emotionally and socially and have better health and fewer behavioural difficulties. Learn skills to assist your child in understanding and managing their emotions. Explore how to deal with frustrations and conflict and how to develop good social skills and positive behaviours.

CLICK HERE TO REGISTER OR SCAN HERE



MORE INFO & BOOKINGS

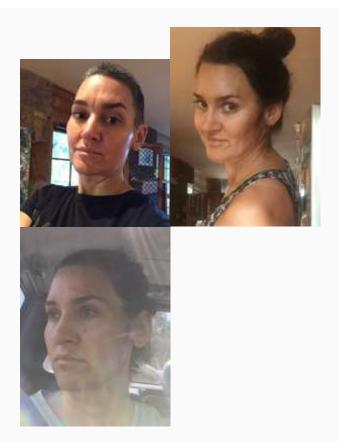




Email us here for pdfs of these programs.

#### 21 July, from Michael Dayes: Can you please do me a favour?

Share this post with all your Facebook contacts and by any additional means available to you. Emmanuelle Dayes (my ex-wife) remains missing. Her two daughters (aged 13 and 14) and all her loved ones both here and in France are doing everything possible to guickly locate her. Emmanuelle was last seen entering her place in **Berilee** (cited by police via CTV footage) - North West Sydney at around 4pm on Sunday the 9th July. At 6pm on this day some friends of Emmanuelle visited her home and she was nowhere to be seen. On Thursday 13th of July my family and myself reported her as missing to Hornsby police station. Police are treating this investigation as NON-suspicious and close family and friends were alarmed by Emmanuelle's mental health in the days leading up to her going missing. An extensive search of her local area was conducted using helicopters, search dogs and many volunteers which availed nothing. This local bushland search has been suspended however the investigation continues. Ku-ring-gai Police are looking for any leads or information to assist them with their search efforts. Emmanuelle has a distinctive French accent, is of a slim build and 170cm tall. Please, once again, assist her family by on-sharing this post with your contacts far and wide and go to the police immediately with any information. Much appreciated. Hoping and praying for her safe return AV



### 19 July, from ABC.net.au: Australia's first cybersecurity coordinator says paying ransoms a mistake

Full article here.

### 18 July, from 9News.com.au: Why using 'thumbs up' emoji could be a legally binding contract

Australians should beware of using emojis in response to being sent official documents after a Canadian judge ruled the "thumbs-up" emoji is just as valid as a signature, an employment law expert has warned.

Full article here.

# 18 July, from 9News.com.au: LINDFIELD: Tree removal company fined over \$2 million for woodchipper death

A tree removal company has been fined more than \$2 million over the death of a worker who was killed when using a defective woodchipping machine. The penalty is the single largest court-imposed fine for a business in NSW.

### From NHW in Ku-ring-gai & Hornsby: 'Our 20 Favourite Crime Prevention Tips for Fire Issues:

- **Tip #1.** Make a mental note if there have been repeated bush fires in your area recently. 70% of NSW bush fires are lit deliberately.
- Tip #2. Be aware of people acting suspiciously in your area. Record details such as their appearance, car descriptions & registrations. Contact Crime Stoppers: 1 800 333 000.
- **Tip #11.** 'Vandalism-motivated arson' is a spontaneous category involving peer pressure. Be aware of unusual behaviour, and look for matches, lighters, cigarettes, spray paint cans, hairspray, perfume, tissues, or flammable liquids. Most fires occur in the evening or at night, Friday or Saturday.
- **Tip #12.** Be alert to any threat concerning fires. If a person threatens to set a fire, the threat should be taken very seriously. Contact **Hornsby Police Station: 9476 9799**.

For more tips and translations, look at our website 'Tips' page <u>here</u>. Or try our WatchOut! website <u>here</u>, for links to some great information available on the internet. Or request a copy in your inbox <u>here</u>.



#### **IMPORTANT CONTACTS & LINKS**

Emergency (Police/Fire/Ambulance): 000

TTY: 106

NSW Police - Ku-ring-gai Police Area Command (PAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Local Police Facebook page: @Kuring Gai PAC

Non-emergency two-way communication

Police Assistance Line (PAL): 131 444

For non-urgent minor crime.

#### **NSW Police Community Portal**

Online reporting of non-emergency minor crime: lost property, intentional damage, graffiti or theft.

### Interpreting & Translating Services: 131 450

NSW Police - website for crime prevention advice

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police. The Police are here to help you.

Crime Stoppers NSW: 1800 333 000

Report crime anonymously Report suspicious activity ASAP

#### Neighbourhood Watch within Ku-ring-gai and Hornsby:

Website <u>au-NHWKuringgaiHornsby.org</u>
Facebook <u>@NHWKuringgaiHornsby</u>
Facebook Group NHWKuringgaiHornsby



#### WatchOut! - the NHW NSW one-stop-shop for crime prevention links:

Website WatchOut.org.au Facebook @NHWWatchOut

#### Local Facebook pages/groups:

Neighbourhood Watch - Berowra

Brooklyn Neighbourhood Watch

Neighbourhood Watch - East Killara

Neighbourhood Watch - Galston, Glenorie, Arcadia, Dural (Rural Areas)

NHW Galston, Glenorie, Arcadia & Dural (Rural Areas) Facebook Group

Neighbourhood Watch - Gordon

Neighbourhood Watch - Hornsby

Neighbourhood Watch - Killara

Neighbourhood Watch - Mt Colah

Neighbourhood Watch - Mt Kuring-gai

Neighbourhood Watch - Normanhurst

Neighbourhood Watch - Pennant Hills

Neighbourhood Watch - Pymble & West Pymble

Neighbourhood Watch - St Ives

Neighbourhood Watch - Thornleigh

Neighbourhood Watch - Turramurra

Neighbourhood Watch - Wahroonga

Neighbourhood Watch - Warrawee

#### Face-to-Face/printed newsletter groups:

Neighbourhood Watch - East Killara

Neighbourhood Watch - Gordon (part)/Killara (part)/Pymble (part)

Neighbourhood Watch - Hornsby (Jubilee St)

Neighbourhood Watch - Mt Colah

Neighbourhood Watch - St Ives (Lynbara Ave)

Neighbourhood Watch - Turramurra (The Chase)







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This email has been forwarded to you by Neighbourhood Watch within Ku-ring-gai and Hornsby. Please share the information with anyone you think may be interested, and encourage them to join our Distribution lists. Thank you. If you live outside the Hornsby/Ku-ring-gai area, please contact your local Crime Prevention officer for similar information for your locality. If you are unaware of an active Neighbourhood Watch group in your area, please consider starting one.

Neighbourhood Watch within Ku-ring-gai & Hornsby
c/o Crime Prevention Officer, Ku-ring-gai NSW Police PAC - Hornsby Police Station
292 Peats Ferry Road
Hornsby, NSW 2077
Australia

