

Neighbourhood Watch in Ku-ring-gai and Hornsby

eNewsletter #429 - 31 December 2019

This weekly eNewsletter is compiled by Neighbourhood Watch volunteers as a service for residents in Ku-ring-gai and Hornsby council areas. The eNewsletter is a new type of Neighbourhood Watch; utilising the available technology to keep people more connected and up-to-date with local crime and safety issues.

The eNewsletter includes a selection of posts from the <u>Ku-ring-gai PAC Facebook</u> page (also known as 'eyewatch'), primarily for those not familiar with Facebook. We add anything interesting from a Neighbourhood Watch point-of-view - this could be a local newspaper article, a roadwork warning, crime prevention tip(s), an upcoming Neighbourhood Watch meeting, Q&As from residents, or an item from an other Police command ("Crooks know no boundaries!").

- → Have you seen anything we should share with the community? Please email our NHW in Ku-ring-gai & Hornsby volunteers. We do value your contributions. Thank you for your support.
- A Please feel free to share/forward this eNewsletter with your friends, family,

colleagues and neighbours.

** Reading our eNewsletter for the first time? Click here to subscribe.

29 December, from M1 Pacific Motorway NSW: 1989 Opening of the Wahroonga to Berowra extension of the Sydney to Newcastle F3 (M1) Freeway.

Cars were allowed to park and pedestrians walk on opening day before it was opened to through traffic. Credit: Robert Green



M1 Pacific Motorway NSW website click here.

25 December, from M1 Pacific Motorway NSW: VIDEO - Truckies who drive on Pennant Hills Road will be monitored by a new gantry when NorthConnex M1 to M2 tunnel opens next year.

Trucks will be required to use the new tunnel, taking about 5,000 heavy vehicles off the road each day.

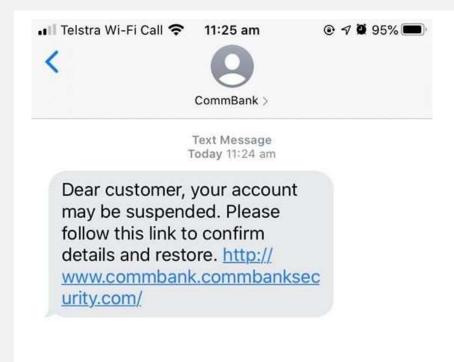


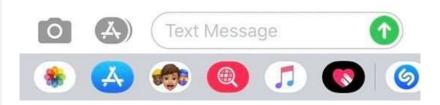
Click here for 7News video.



30 December, from Ku-ring-gai/Hornsby Neighbourhood Watch: Warning of a scam shared from one of our readers

If you receive an SMS like this one, please DO NOT CLICK ON THE LINK.





30 December, from Lancashire Police [edited to include the Australian Police phone numbers]: So they've asked for a phone for Christmas.

You think, "it's fine, they're going to use it to text me, dad and maybe their school

friends. They might use Instagram, or this Tik Tok thing that I have sort of heard of. That's ok, though, because I can make their account private and check it whenever I want"... But is that right?

Below are just a handful of social media apps that have become increasingly popular with children and young people. While some of these are completely innocent and we hope your children never experience bullying, harassment or exploitation, time and time again we see people use these apps to target, abuse and manipulate young people - be that sexual, criminal or online bullying.



Knowledge is power – speak to your children about their mobile usage. Set your expectations for what it will be used for and talk to them about online safety. You

can find out more <u>here</u> – build the expectation that you will trust them with the device, on the condition that they will be honest and open with you if something goes wrong. Remember not to blame them if it happens - nobody deserves to be abused or bullied.

If your child is contacted by someone who pressures them into doing things they don't want to, or bullies and harasses them, encourage them to tell you. Having open conversations about safety is paramount to making sure they stay safe, and are savvy about how they use these apps. This doesn't just mean sexual exploitation; we have seen examples of classmates using social media to gang up on, and bully their friends. This is unacceptable and will not be tolerated.

Remember, if you have concerns a child is being harassed or exploited contact us online, on the **Police Assistance Line (PAL) 131 444** and if a child is at immediate risk or in danger it's always phone **Emergency 000**. Knowledge is power – help them to protect themselves.

27 December, from CareFlight: Jetski rider airlifted after refueling explosion at Wisemans Ferry

A 36-year-old man suffered serious burns when he was refueling a jetski and there was an explosion at a popular camping area on the Hawkesbury River this afternoon. CareFlight's Rapid Response Helicopter was tasked to help shortly before 4.00pm and the aircraft was in the air in less than four minutes. Bystanders provided first aid, placing the man under a shower initially.

CareFlight's specialist doctor and NSW Ambulance critical care paramedic treated the man at the scene for burns to the upper body and airways. The man was intubated and placed in an induced coma to stablise him. NSW Police and NSW Ambulance crews also arrived by road and provided assistance. The man was airlifted to Concord Hospital's burns unit in a serious but stable condition.



28 December, from NSW SES: Did you spend 5 minutes today playing fetch with your dog, cuddling your cat, or teaching your goldfish to do somersaults?

Then you've probably got the patience to do our animal emergency plan on a page! Just click <u>here</u> and do your plan online or download and print. Good luck with the goldfish:)



26 December, from Crime Stoppers: Alcohol affects people differently

Two people who drink the same amount can have different Blood Alcohol Concentration (BAC). Consider the following factors...

- ▼ Size and weight the smaller you are, the higher your BAC will be compared to someone bigger than you.
- ☐ Gender a woman the same height and weight as a man, drinking the same amount, will have a higher BAC

- Y Liver function an unhealthy liver will process alcohol slower than a healthy liver
- Recent consumption of food lack of food in your stomach means you will absorb alcohol into your blood faster. However, eating food after you have been drinking will not reduce your BAC
- Titness, fatigue and general health condition your BAC can be higher if you are not feeling well, you are tired, stressed or unfit
- △ We recommend that you don't drink ANY alcohol if you plan to drive!

Alcohol affects different people in different ways and attempting to guess your blood alcohol concentration is difficult and inaccurate.





24 December, shared from Thornleigh, Westleigh and Normanhurst Community Group: Does anyone know this person?



Dates for the Diary:

Friday 20 December to Wednesday 01 January 2020: double demerits Wednesday 15 January 2020: Ku-ring-gai Council First Aid Course for Young People. 8:45am-4:30pm Info here.

Wednesday 15 January 2020: PCYC, 1 Park Ln, Waitara Driver Education Program, Safer Driver Course. 9:30am-1230pm Info & bookings here.

Thursday 13 February 2020: PCYC, 1 Park Ln, Waitara Driver Education Program, Safer Driver Course. 4:30pm-7:30pm Info & bookings here. **Thursday 20 February:** Hornsby Council Seniors Week celebration. Info & bookings here.

Wednesday 26 February: Hornsby Council Tech Savvy Seniors - Korean @ Hornsby Library 10:30-12:30. Bookings here.

Thanks to the Monthly Chronicle January 2020 edition [click <u>here</u> for online copy]:

A Celebration of Seniors in Hornsby Shire Thursday 20 February, 10am-12pm Hornsby RSL, 4 High St, Hornsby Come along to our free Seniors Week Celebration! Enjoy fabulous entertainment performed by local groups while indulging in a delicious morning tea and mingling with other seniors and friends. Free. Bookings essential, click here.

Want to borrow a shredder?

Ku-ring-gai/Hornsby Neighbourhood Watch have one they can lend you. Click here for more info.

From "Our 20 Favourite Crime Prevention Tops for the Festive Season:

Tip#13: Do not share anything on Social Media to indicate you are on holiday. If possible, avoid setting up auto-replies to emails. [See also 'Our 20 Favourite Crime Prevention Tips for Travel' and WatchOut.org.au/Travel/.]

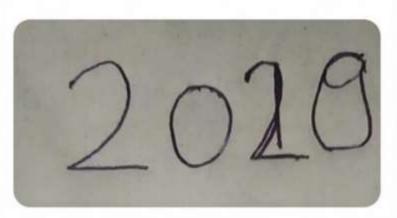
Tip#14: Consider temporary travel locks, or a simple door wedge to secure hotel doors. See also info from the Travel page on our <u>watchout.org.au/travel/</u> website and our 20 Tips for Travel on our <u>nhwkuringgaihornsby.org.au/tips/</u> website.

Tip #15: Beware allowing parcels to be delivered to your empty house doorstep. Thieves follow delivery vans. Consider requesting a FREE 24/7 parcel locker, or have mail held at the local post office. Maybe ask family or neighbours to help out? **Tip#16**: Consider the deterrent of a dog. Put a dog bowl, warning sign, lead, tennis ball etc. at the front of your property. Consider a plug-in that attaches to sensor lighting and emulates a dog barking. See other 20 Tips for your home on our **nhwkuringgaihornsby.org.au/tips/** website.



Thanks to Cop Humour Australia

This will be your first mistake in 2020



Thanks to Cop Humour Australia

IMPORTANT CONTACTS & LINKS

Emergency (Police/Fire/Ambulance): 000

NSW Police - Ku-ring-gai Police Area Command (PAC): 9476 9799

Hornsby Police Station, 292 Peats Ferry Road, Hornsby 2077

Ku-ring-gai Crime Prevention Officer: 9476 9723

Local Police Facebook page: @Kuring Gai PAC

Non-emergency two-way communication

Crime Stoppers: 1800 333 000

Report crime anonymously

Report suspicious activity asap

Police Assistance Line (PAL): 131 444

For non-urgent minor crime

NSW Police Community Portal

Online reporting of non-emergency minor crime: lost property, intentional damage, graffiti or theft.

Interpreting & Translating Services: 131 450

NSW Police - website for crime prevention advice

Never be afraid or embarrassed to report a crime, concern or fear you have to the Police. The Police are here to help you.

Neighbourhood Watch within Ku-ring-gai and Hornsby:

- Website NHWKuringgaiHornsby.org.au
- WatchOut! WatchOut.org.au our one-stop-shop for crime prevention
- Facebook @NHWKuringgaiHornsby
- NHW in Ku-ring-gai and Hornsby Facebook Group
- Twitter @NHWKRGHornsby
- Email NHWKuringgaiHornsby@gmail.com

Local Facebook pages:

- WatchOut! Our Crime Prevention WatchOut! Facebook page
- Meighbourhood Watch Berowra (technical issues)
- Neighbourhood Watch East Killara
- Neighbourhood Watch Galston, Glenorie, Arcadia, Dural (Rural Areas)
- NHW Glaston, Glenorie, Arcadia & Dural (Rural Areas) Facebook Group
- Neighbourhood Watch Gordon
- Gordon (NSW) Community (incl NHW) Facebook Group
- Meighbourhood Watch Hornsby



Neighbourhood Watch - Mt Colah

Neighbourhood Watch - Normanhurst

Neighbourhood Watch - Pennant Hills

Meighbourhood Watch - St Ives

Meighbourhood Watch - Turramurra

Meighbourhood Watch - Wahroonga

Copyright © 2019 Neighbourhood Watch within Ku-ring-gai & Hornsby, All rights reserved.

This email has been forwarded to you by Neighbourhood Watch within Ku-ring-gai and Hornsby. Please share the information with anyone you think may be interested, and encourage them to join our Distribution lists. Thank you. If you live outside the Hornsby/Ku-ring-gai area, please contact your local Crime Prevention officer for similar information for your locality. If you are unaware of an active Neighbourhood Watch group in your area, please consider starting one.

Our mailing address is:

Neighbourhood Watch within Ku-ring-gai & Hornsby c/o Crime Prevention Officer, Ku-ring-gai NSW Police PAC - Hornsby Police Station 292 Peats Ferry Road Hornsby, NSW 2077 Australia

Add us to your address book

unsubscribe from this list update subscription preferences

